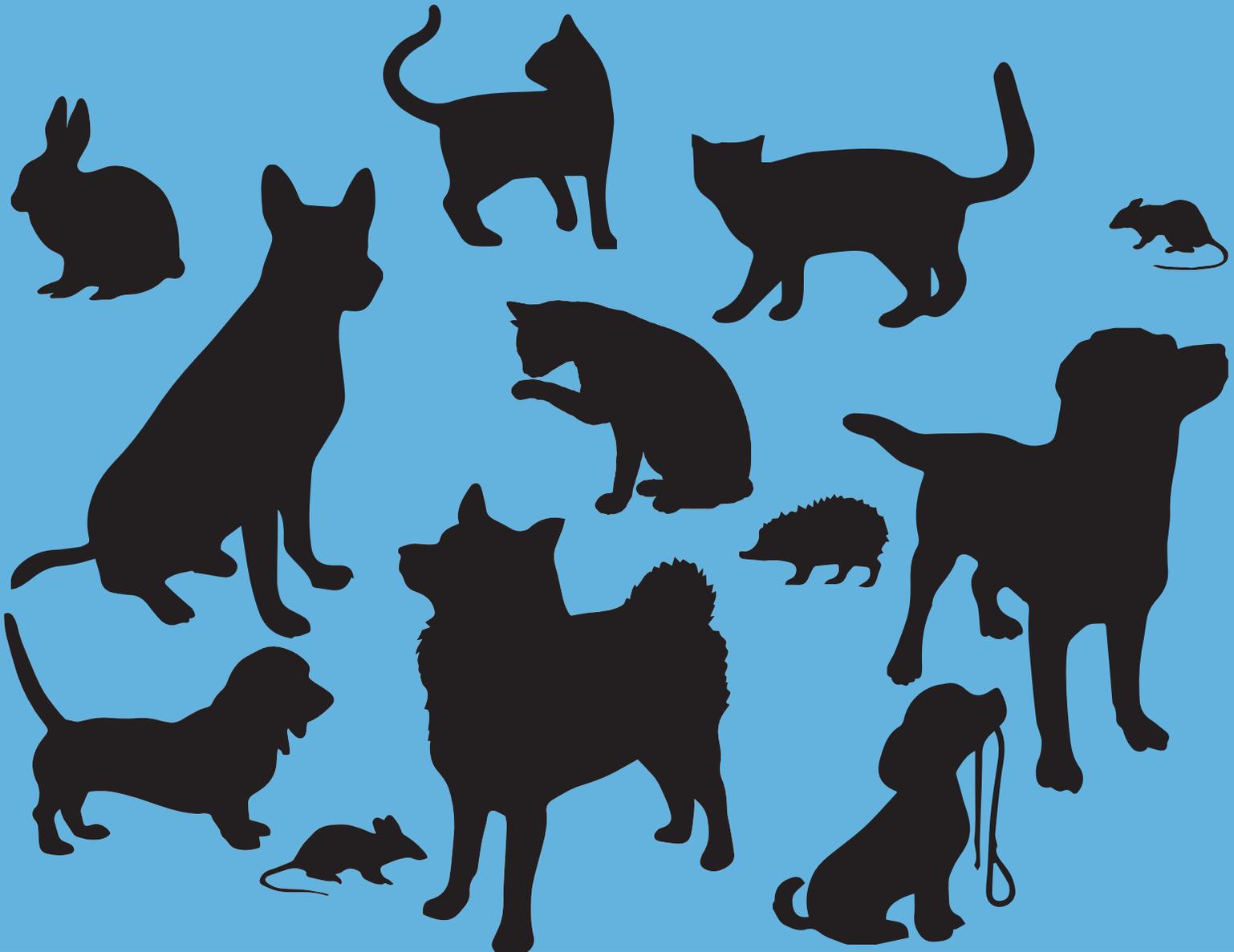


PET PARASITE PROGRAM

Using the Hulda Clark Protocol



Understanding Hulda Clark's concerns about Pets

[The following are excerpts from Dr. Hulda Clark's writings, so you can quickly and easily find out key information even if you do not have her books. Go to www.DrClarkTools.com and you can download digital copies or even get your own hard copy.]

The best advice is to give your pets away. They will continue to harbor them even though they are on a pet parasite program. It is impossible to stay free of the parasites your pets have: they will move to your soft tissues immediately, giving you the bacteria and inflammation again.

The next most important advice is to keep fingers out of your mouth. None of these parasites enter through your skin (this is in spite of teachings that hookworms enter this way), you must put them into your mouth somehow! Consider your mouth off limits to anything but food and kissing.
(Hulda Clark, *The Cure for All Diseases*, p77)

Dogs don't eat hay and cats don't eat fruit. This is not simply due to their inability to digest them. Nor to training. Their body wisdom guides them. But we can trick them into eating corn and soybeans by adding the flavors they like and thereby defeat their wisdom the same way we defeat ours. A concoction is this meal after meal, day after day a most unnatural situation. The liver is deluged with the same set of pollutants time after time and never gets a rest. Humans still obey their body wisdom about varying their meals. This gives the liver a chance to catch up with detoxifying one pollutant while the new one builds up. If the liver is absolutely unable to handle something, you are informed quite quickly with an allergic reaction to the food.

Cats and dogs with their monolithic diet get no opportunity to reject food (except by vomiting or starvation). It is surprising they are getting cancer with increasing frequency, a situation where the liver can no longer detoxify isopropyl alcohol, a common pollutant in their food.

Should we go back to the old days and make their food for them? Yes, they deserve pure food, they deserve variety. Table scraps would be much less toxic for them than their commercial feed. But what if they like and prefer their monolithic "scientific", "complete", polluted diet? If our food was doused with sugar for breakfast, lunch and supper, we wouldn't care much about what was under the sugar either. And we'd continue wanting sugar, sugar, sugar the way a pet might want its favorite food and nothing else. Such is the deception of flavorings.

All change should be brought about slowly and with kindness for animals and humans alike. Learn what makes a good pet diet. Cats and dogs are both meat eaters. Cook chicken in a pressure cooker to kill all parasites. Put portions in the freezer. Add table scraps, dressed with a little butter, cheese or lard. Don't wash the pet dishes with your own – dishwashers don't reach the boiling point. Serve fresh water daily. Standing water picks up bacteria. Don't let food get more than a day old in the dishes. It picks up molds. Don't feed pets at the table, keep them outdoors during mealtime.

After your pets have stopped eating propyl alcohol polluted food and are not getting propyl alcohol in their shampoos, there is no way they can get cancer. Whatever cancer they have will clear up by this change in diet and by giving them the pet parasite program.

Now they are back to the natural state and do not host human flukes. What a relief it is not to worry about reinfection from your pets.

(Hulda Clark, "Pets Teach Health Lessons", *The Cure for All Diseases*, p394-5)

THE PET PARASITE PROTOCOL



Pets have many of the same parasites that we get, including *Ascaris* (common roundworm), hookworm, *Trichinella*, *Strongyloides*, heartworm and a variety of tapeworms. Every pet living in your home should be deparasitized (cleared of parasites) and maintained on a parasite program. Monthly trips to your vet are not sufficient.

You may not need to get rid of your pet to keep yourself free of parasites. But if you are quite ill it is best to board it with a friend until you are better.

Your pet is part of your family and should be kept as sweet and clean and healthy as yourself. This is not difficult to achieve. Here is the recipe:

1

Parsley Water

Cook a big bunch of fresh parsley in a quart of water for 3 minutes. Throw away the parsley. After cooling, you may freeze most of it in several 1 cup containers. This is a month's supply. Put 2 tsp parsley water on the pet's food. You don't have to watch it go down. Whatever amount is eaten is satisfactory.

All dosages are based on a 10 pound (5 kilo) cat or dog. Double them for a 20 pound pet, and so forth.

Pets are so full of parasites, you must be quite careful not to deparasitize too quickly. The purpose of the parsley water is to keep the kidneys flowing well so dead parasite refuse is eliminated promptly. They get quite fond of their parsley water. Perhaps they can sense the benefit it brings them. Do this for a week before starting the Black Walnut Hull Tincture.

2

Black Walnut Hull Tincture (regular strength)

1 drop on the food. Don't force them to eat it. Count carefully. Treat cats only twice a week. Treat dogs daily, for instance a 30 pound dog would get 3 drops per day (but work up to it, increasing one drop per day). Do not use Extra Strength.

If your pet vomits or has diarrhea, you may expect to see worms. This is extremely infectious and hazardous. Never let a child clean up a pet mess. Begin by pouring salt and iodine on the mess and letting it stand for 5 minutes before cleaning it up. ["Providone" iodine, topical antiseptic, is available in most drug stores.] Clean up outdoor messes the same way. Finally, clean your hands with diluted grain alcohol (dilute 1 part alcohol with 4 parts water or vodka. Be careful to keep all alcohol out of sight of children; don't rely on discipline for this. Be careful not to buy isopropyl rubbing alcohol for this purpose.

Start the wormwood a week later.

3 Wormwood Capsules (200–300 mg wormwood per capsule)

Open a capsule and put the smallest pinch possible on their dry food. Do this for a week before starting the cloves.

4 Cloves

Put the smallest pinch possible on their dry food. Keep all of this up as a routine so that you need not fear your pets. Also, notice how peppy and happy they become.



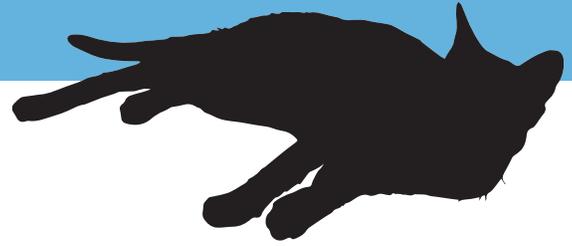
Go slowly so your pet can learn to eat all of it. To repeat:

- Week 1: parsley water
- Week 2: parsley water and black walnut tincture
- Week 3: parsley water, black walnut, and wormwood
- Week 4: parsley water, black walnut, wormwood, and cloves

	Parsley Water	Black Walnut Hull Tincture Dose	Wormwood Capsule Dose	Clove Capsule Dose (Size 0-00)
WEEK	Teaspoons on Food	Drops on food, Cats twice per week, Dogs daily	Open capsule, put smallest pinch on food	Open capsule, put smallest pinch on food
1	1 or more based on size			
2	1 or more	1		
3	1 or more	1 or more (size)	1	
4	1 or more	1 or more	1	1
5 and onward	1 or more	1 or more	1	1

(excerpted from *The Cure for All Diseases*, p343)

LIFESTYLE TIPS FOR REMAINING PARASITE FREE



Pets

Keep pets outside. During your healing process, find a good home for all your house pets. Parasite reinfestation from house pets is very fast.

- Give your home a thorough cleaning once pets are placed elsewhere.
- Ways pets transmit parasites to you: by licking themselves and then licking you, and their litter boxes, which can spread toxoplasmosis.
- Do not let pets sleep in your bed. Dr. Hulda Clark says “Never allow a pet into the bedroom or the household dust will have tapeworm eggs as well as mites. Throw out rugs that have been pet-beds.” (p. 408, “Cure for all Diseases”). The parasites from the pet often lay their eggs in your sheets and blankets. Clean your sheets and blankets regularly if your pet sleeps there.
- Put your pets on the herbal parasite program.
- Do not allow your pets to use your dishes, or even lick your face or arms. Parasites can be found in the pet's saliva, which enters your body.
- Do not allow your pet to lick your small children or their toys, as children put toys in their mouths. After an animal licks you, wash your hands thoroughly.
- You can catch parasites by inhaling dust containing dried animal feces. “Vacuuming a carpet blasts mites and tapeworm eggs into the air.” p.408 “The Cure for All Diseases.”
- If you have a backyard sandbox, keep it covered, so neighborhood animals will not bury their feces there. The sand provides a perfect environment that is ideal for the development and survival of hookworm larvae from cats. Your children could easily become infected.
- Keep your yard cleaned up of all animal feces, and keep stray dogs and cats out.

Keep your hands and fingers out of your mouth

Parasites can even be passed to you by shaking hands. Stop nail biting. Nail biting is an extremely efficient transport mechanism for parasites.

Wash all your fruits and vegetables

...and especially those transported from other parts of the world. Use only a non-toxic healthy variety of food grade cleaner. We use white vinegar, grapefruit seed extract or hydrogen peroxide washes for vegetables and fruits.

Beware of raw meat

Beef and pork can be loaded with tapeworms. Do not eat raw fish as in sushi or raw tuna. We have seen both live and dead worms in raw salmon and snapper fish. You will most likely get worms by eating raw fish. Meats should be washed before cooking and cooked thoroughly.

Wash your hands often

...especially when handling raw meat, chicken and fish in the kitchen, and wash your hands before doing other things such as preparing the salad. Wash your hands after using the bathroom or even working in the garden.

Use separate cutting boards for vegetables and meats

Be careful to wash all utensils that have touched uncooked meat.

Change the dishwashing cloth and the dishtowels often

One of the biggest bacteria carriers in the home is the kitchen dishwashing cloth and the second is the dishtowel.

Do not drink out of streams and rivers, lakes or creeks.

When one partner is on the parasite cleanse, the other one should be doing it also

Parasites can be passed from kissing and intimate sexual contact.

Avoid refined sugars

Parasites love sugar. Parasites also like fried and greasy foods.

Maintain regular bowel movements

Parasites thrive when you are constipated. They have no way out, so they reproduce rapidly. Your bowels must be working 1-3 times per day

Foods to Avoid:

Greasy foods, sugar. Parasites thrive on these.

Anti-Parasitic Foods to Eat:

Pumpkin seeds (traditionally used for eliminating roundworms and tapeworms), Cloves (kills parasite eggs in the intestinal tract), Garlic, Pineapple, Papaya seeds, Anise seeds.

